DAILY	WEEKLY	MONTHLY	QUARTERLY
□ Make Beds □ Dishes/dishwasher □ Tidy Up □ Laundry □ Sweep/vacuum □ Sort mail □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □	□ Bathrooms □ Vacuum □ Wash floors □ Clean glass/mirrors □ Dust □ Wash sheets □ Wash towels □ Wipe microwave □ Wipe fridge □ Empty garbage/recycling □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □	Disinfect garbages Dust lights Vacuum couches Scrub bathroom grout Wipe light switches Wipe telephones Dust baseboards  UIDENTIFY Cleaning	□ Flip mattresses □ Wash duvet/pillows □ Vacuum mattresses □ Clean oven □ Clean out fridge/freezer □ Clean blinds/curtains □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □ □
W. Comments of the Comments of	☐ Wash bedding, bed skirts, and curtains	Dust light fixtures	☐ Wipe counter
SPRING CLEANING	Wash pillows and	<ul><li>Clean windows</li><li>Wash walls, trim,</li></ul>	appliances  Wash counters and
Entryway	duvets	doors, door knobs and	backsplash
☐ Dust light fixtures	Move bed, clean under it	switch plates	☐ Wash windows
☐ Wash walls and	Clean windows and	Wash floors	☐ Wash walls, trim, doors, door knobs and
trim	window sills	Kitchen	switch plates
☐ Wash doors, knobs and switch plates	☐ Wash walls, doors,	N. Concin	Wash floors
☐ Wash bench/other	door knobs, trim and switch plates	Clean blinds	Lining Doom
furniture	☐ Vacuum floors	☐ Clean out	Living Room
☐ Empty coat closet	☐ Declutter	cabinets/drawers  Wipe cabinet doors	Vacuum couches
(sort and donate	☐ Wash window	☐ Clean and organize	Wash throws and
unneeded stuff)  Clean or replace	screens	pantry	pillows
entry mat	Bathrooms	Declutter	<ul><li>Dust furniture, shelves and decor</li></ul>
Sweep and wash		Clean oven	☐ Wash windows
floors	Empty cabinets,	<ul><li>Clean stovetop</li><li>Clean/organize</li></ul>	Clean electronics
Dadwaana-	wash inside	fridge and freezer	Declutter
Bedrooms	☐ Declutter	☐ Clean under	☐ Wash walls, trim,
☐ Dust furniture	<ul><li>Clean bathtub</li><li>Clean toilet</li></ul>	appliances	doors, door knobs and switch plates
☐ Dust light fixtures	☐ Clean sink and	☐ Vacuum fridge coils	☐ Wash floors
and ceiling fans	drain	<ul><li>Clean microwave</li><li>Clean toaster</li></ul>	
■ Dust art	Clean mirror	- Clean toaster	